Your Moon Sign

The Moon stands for: Change, emotions, growth/decay, caring, intuition, illusion, needs, emotional nourishment, lunatic, spirituality, imagination, sensitivity, sence-ability, connecting Heaven and Earth, mind and heart, conscious and subconscious, compassion, talkative, mother/mature aunts/older sisters.

Moon: Key to emotional satisfaction

The Moon in your birth chart:

- Describes the essential self and creativity.
- Defines the area of our deepest personal needs.
- Indicates the process that separate us emotionally from others.
- Discloses the unconscious process by which we attempt to manipulate others through dependency.
- Shows the path to gaining inner fulfilment and illuminates our ability to integrate change.
- Pinpoints where the lessons of emotional dependency and personal insecurity arise.
- Reveals that area of life in which we need to nourish and be nourished.
- Describes our ability to adjust emotionally to the changing circumstances of life.
- Represents habits of survival dependency from childhood.
- Shows where the need for emotional nurturing satisfies our sense of emotional survival.
- Describes an area of our life where our Inner Child is unconsciously powerful.
- Describes expression of feelings and our primary need in the personality.
- Describes the mother and where a person loves to find a sense of security in life.
- Represents the free child in our personality

Moon in Aries

You are very competitive, fiery with very agressive emotions expressed in a fiery way. But the good thing about this is that you have the drive to take action. You express your feelings directly and forcefully and it is natural for you to take the initiative in emotional situations. But when you are emotionally involved, you refuse to take second place. You value your freedom and dislike any restrictions placed upon you. It is likely that you will control or dominate your domestic environment. Your instincts are strong. You can feel when something is right or wrong, but you can be inclined to act impulsively which sometimes can get you into trouble. Use the postive expression of your Mars ruling Aries to tell your Moon what to do. You must implement the positive action of your Mars to be able to implement this next stage of your Moon in this journey of life. Take action to give Mars space to express your feelings and anger out verbally - so it wont get suppressed in the solar plexus area. That is very important. You are headstrong, aggressive and can be difficult to control. You would do better to find a physical outlet for your emotions, such as through sports and not let it out on other people.

The Moon also shows your mother, who appear as quite agressive og competitive (very likely suppressed and thereby turned inwards). Most likely she has even seen you as a competition taking the first place she wanted. This aspect of her you may not be aware of, nonetheless it is shown in your chart. Your mother has had quite a sharp tungue and might have been too busy to love.

If you (and your mother) feel unsafe, you compensate and swing over into the opposite sign of Libra, where this passive aggressive is now played out within your relationship (partner f.ex.) if not verbally, then energetically by being manipulative, weeping, wailing, projecting blame etc.

| Positive expression | Negative expression |
|--|---|
| Emotions: Enthusiastic, strong-willed, clear | Emotions: Insensitive, domineering, emotionally |
| | impulsive, combative |
| Behavior: Quick movement, comfortable in an active | Behavior: Aggressive and impulsive behavior, Type A |
| mode, on-the-go, direct | personality, never quiet or contemplative, blunt |
| _ | Fam./Mother: Conflict and rebellion mark attempts |

<u>Fam./Mother</u>: Family influence fosters independence and self-reliance; will nurture own children emphasizing freedom and independence

<u>Past/Collective</u>: You seek to clarify connections to past/collective to separate your own choices from conditioning

to assert independence from home; aggressive and domineering mother; nurturing of own children marked by living through/asserting self-identity through children, or neglect

Past/Collective: You seek to reject or ignore the past/collective, but are controlled by it subconsciously

Moon in Taurus

In its exalted position, so brings extra blessings. Venus (ruling Taurus) tells it what to do. You need to also look at Venus. Very good position for making money, nurturing and beautiful home environment. You have a need for financial and material security in order to maintain emotional well-being. While it is in your nature to manage your financial affairs with care, it is probable that you will have changeable material circumstances in life. In your emotional life, you desire constancy and faithfulness in others. You know how to enjoy the good things in life. There can be a risk of weight gain through over-indulgence or poor nutrition.

Your Moon also shows your mother purely emotionally and it is possible, there may be a surprising aspect about your mother, but she may actually have come across as cheap/very voluptuous. A so-called "man-eater", who may have uncompromisingly had many casual relationships, perhaps secretly, or only lived these out in the imagination due to the prevailing circumstances on her timeline. She will have kept feelings and needs for the good life a secret.

Negatively, the Moon in Taurus can be very merry and sacrifice feelings and needs for the good life, as well as spend money to achieve satisfaction, like plasters on the wound.

If you (your mother) feel insecure, then you compensate and swing into Scorpio, becoming deeply sensitive. Here you will suppress emotions to such an extent that you turn them against yourself and do not feel good enough.

| Positive | expression |
|-----------|-------------|
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<u>Emotions</u>: Emotionally steady, warm, giving, deeply sensitive to needs of others

<u>Behavior</u>: Methodical, slow and steady, wants things to proceed in an organic fashion, comfortable with the tangible

<u>Fam./Mother</u>: Devoted to family life, loving child/parent, strong family brings emotional security, nurtured and nurturing

<u>Past/Collective</u>: You have respect for and desire to conserve elements of the past and cultural heritage, especially organic structures, you see past/ culture as nurturing and valuable

Negative expression

<u>Emotions</u>: Emotionally attached, given to emotional outbursts, willing to use emotions to overpower others, hot-headed

<u>Behavior</u>: Stubborn, stuck in a rut, unwilling to try new things, bullying

Fam./Mother: Unduly attached to family/ mother, sees family members as possessions, domineering mother (or father) crushed selfreliance/identity, matriarchal/patriarchal parenting style

Past/Collective: You are bound by tradition, closed minded to change, rooted in the way things were done in the past

Moon in Gemini

You have a strong need to communicate your feelings. It is possible that you will rationalize your feelings or allow your intellect to control your emotional life. Your home-life is usually stimulating and often a center for learning and lively discussion.

If you/your mother feels insecure that you both compensate by swinging into the opposite sign of Sagittarius and become misunderstood (by the mother). You/your mother will then feel like having no freedom, feeling trapped - too busy.

| Positive expression | Negative expression |
|---------------------|---------------------|
|---------------------|---------------------|

Emotions: Cool and collected, objectivity keeps emotions in check, emotionally free spirited Behavior: Ability to handle many things at once and move quickly from one situation to another, varied interests (collections), quick motions, mental attitude, comfort in social situations and conversation

<u>Fam./Mother</u>: Family influences foster varied interests, social skills, mental attitude; as parent/child, give and receive mental stimulation <u>Past/Collective</u>: Interested in details of history and culture, can relate lessons of past to present

Emotions: Cold and detached, emotions are seen as bothersome, emotional conflict dealt with through avoidance or taking all sides, lack of emotional commitment

<u>Behavior</u>: Nervous behavior, inability to stick with anything, flightiness, overly talkative <u>Fam./Mother</u>: Lack of emotion/caring felt in home, mother may be disinterested, home life may be

frantic, scattering

<u>Past/Collective</u>: Does not take past or cultural norms seriously, ignores tradition and will rebel if tradition is imposed

Moon in Cancer

Here in its own sign, so in good position that does, you are very caring, protective, take care of the family and are able to understand the emotional needs of others. You are in touch with your emotions and know how to respond to the emotional needs of others. You feel things deeply and are highly receptive and intuitive. Inner security and partnership are necessary for your emotional well-being, and family life is always important to you. You're extremely sensitive. You are easily being hurt by insults or harsh criticism. Your stomach is the barometer of your emotional life.

If you (or your mother) feel insecure, then your Moon swings into Capricorn and the emotions freeze, and you become very distant and cold (if also negative, then completely frozen emotions). You become controlling (if you do not keep in touch with the Source) and you become the top general of the organization, which fears that there is not enough money.

Positive expression

Emotions: Warm and caring, emotionally giving and sensitive, open to the feelings of others, in touch with Yin

<u>Behavior</u>: Comfortable in safe environments, domestic, nurturing, processes emotionally, conventional, intuitive

<u>Fam./Mother</u>: Close knit family values, strong mother influence indicated, family life seen as nurturing and formative experience

<u>Past/Collective</u>: Strong sense of rootedness and heritage, emotional sentiment toward the past, values correspond to community's/family's, love of tradition, openness to psychic energy, attunement to collective consciousness

Negative expression

Emotions: Emotionally needy (especially in giving),
overly sensitive and emotionally vulnerable,
smothering, unbalanced with too much Yin
Behavior: Moody, paranoid in unfamiliar settings, shy,
clutchy-grabby, touchy, defensive, acting out of
conditioning

Fam./Mother: Too much attachment to family, still tied to mother's apron strings, overbearing/overprotective as parent, clannish Past/Collective: Trapped in the past, unable to think for one's self, susceptible to occult or other negative collective influences

Moon in Leo

You radiate a warm and sunny disposition. You have an emotional need to be liked and acknowledged, coupled with a strong need to give and receive affection. You often find yourself at the center of attention, whether you want it or not. In your home and family life, you tend to feel responsible towards others and will take charge of situations and lead. Alternatively, you can be just plain bossy and domineering. You can be prone to extravagance and exaggeration.

If you (or your mother, as this also describes) feel emotionally insecure, the energy of your Moon swings into the negative characters of Aquarius and then the emotions are controlled by fear, but which you are able to handle because of the ability to detach yourself. However, it is not an appropriate handling, because with this detachment you can completely shut down the emotions and become icy cold

Positive expression

Emotions: Warm, generous and giving, emotionally expressive and demonstrative

Behavior: Heart rules the head, behavior based on trust and loyalty, conditioning has reinforced selfconfidence, innate sense of presence and fashion, comfortable being in the spotlight, able to tap into fire element energy

Fam./Mother: Family and mother provide strong role models, creativity stimulated, strong emotional bond to family/mother based on warmth and loyalty, family expectations encourage achievement

Past/Collective: Able to creatively draw on images from heritage and culture, loyal to own culture and upbringing

Negative expression

Emotions: Boisterous, emotionally flamboyant, wearing emotions on one's sleeve, emotionally insincere, pompous and overbearing Behavior: Emotionally impulsive and arbitrary, demanding of loyalty, behavior calculated to impress, overly concerned with appearances, inferiority complex behavior if you do not feel up to the strength and power that is expected of you Fam./Mother: Domineering attitude of mother/family can cause conflict or dependence, feeling of always being shown off can prompt shyness, unrealistic expectations for creativity and success (display of status) can create feelings of inferiority Past/Collective: Overly romantic about the past, xenophobic

Moon in Virgo

You analyse, compartmentalize, are a perfectionist and purifies. You are pragmatic and will often put practical considerations before your emotional needs. Family matters are never far from your mind. You are aware of your family responsibilities and obligations. There may be some difficulty expressing your feelings, in that you can be quite shy and reserved. You appreciate the tidiness and cleanliness of your home and work environment. You can be exceedingly fussy and picky in your personal habits. When you get into negative, you can become highly critical, constantly tidying up, everything has to be pure and perfect, wash before and after sex. Use journal writing to purify emotions.

Your Moon also shows your mother - who analyzes, compartmentalize, perfectionist, can turn highly critical, constantly cleaning up.

If you (or your mother) feel insecure/pressed, then you compensate and swing into Pisces and here you connect with other people's problems and take them on as if they were your own. You get involved in other people's drama, want to please everyone and try to make everyone happy and can't set limits. You can get lost in fantasy/daydreaming. Know and not least recognize when you compensate and bring yourself consciously back to the appropriate characters of your Moon.

Positive expression

Emotions: Reserved, emotions properly displayed capable of deeply felt sympathy for those ill or in need of care, good understanding of own emotions and drives

Behavior: Behavior is proper and motivated by concern for others, habits are thorough and organized, get the details, analytical attitude, practical, comfortable in rule-governed situations Fam./Mother: Conditioning received through family upbringing supports organized and practical behavior, mother likely to be good domestic caretaker, moral values instilled, traditional parenting roles adopted Past/Collective: Rules of behavior of one's culture are well assimilated, looks for lessons in the past

Negative expression

Emotions: Difficulty in expressing emotions outside of conventional and approved channels, overly analytical approach to emotions, frenzied emotional outbursts due to stress of worry and nervousness

Behavior: Behavior is bound and motivated by society's conventions, fussy in an emotional manner, over-analysis may lead to procrastination, not open to intuition

Fam./Mother: Mother may be perfectionist, compulsively neat or (if Moon afflicted) unable to deal with need to keep order and thus uncontrollably messy, separating own motivations from super-ego conditioned motivations is problematic, inflexible parental style

Past/Collective: Culturally judgmental, tied to the

| conventions of the past, unrealistically looking upon |
|---|
| the past as representing an idealized state |

Moon in Libra

You wish most for harmony and peace. You are sympathetic and filled with concern for others. You like to socialize, enjoy compagny and don't mind taking part in a good debate either. You feel a strong need to be in a relationship. Emotionally, you have a need for love and tenderness and will tend to form partnerships throughout your life to satisfy this need. You feel incomplete without having someone to share your life with. When you are in a relationship, mental connection is very important for you. You find strength and security through others. You are charming to be around, and are also known for being flirtatious once in a while. You can be quite indecisive, but are great to be around and will surely always make others laugh. So you are harmonious, fair, friendly and keeps the balance in the home. Above all, you desire harmony and equality in your personal and social relationships. You value peace in your domestic life. You can, on occasion, be superficial with your feelings and reckless in your emotional life.

Moon in Libra represents predominating women (if you are a woman, its you, or else its your mother.) Your mother - Fair, friendly, socialite, well liked by people, keep balance in home and relationship. If you/your mother feels unsafe, you swing into the opposite sign of Aries and become aggressive, bossy, competitive, too busy to love.

| Positive expression | Negative expression |
|---|--|
| Emotions: Emotional equipoise, emotionally responsive | Emotions: Emotions are overly affected by |
| to needs of others, light and peaceful | moods/reactions of others, lack of emotional drive, |
| Behavior: Actions are undertaken after considering | emotionally distraught when harmony is disrupted |
| their effect on others, behaviour is designed to | Behavior: Inaction may be a product of unwillingness |
| preserve harmony, comfortable in social | to offend, indecision, need for relationship may drive |
| situations/relationships | decisions, uncomfortable when alone |
| <u>Fam./Mother</u> : Family/mother promote social skills, | <u>Fam./Mother</u> : Mother socially aggressive, |
| inspire desire for balance and harmony, emphasis on | overemphasis on social appearances, family's demand |
| interpersonal family relationships | for order and harmony does not allow free emotional |
| Past/Collective: Affinity for traditions that promote | expression |
| socialization, social rules of conduct, values that | Past/Collective: Individual identity submerged by |
| promote sense of fairness | tradition and acculturation, may have to break |
| | completely with past/cultural values to assert |
| | independence |

Moon in Scorpio

You have a deep and complex emotional life, with the tendency to feel things intensely. You are extremely intuitive. You tend to be secretive and occasionally suspicious of others. At times, your feelings can overwhelm you. Emotional dramas can surface from time to time. Conflicts are possible with family members. If hurt or slighted, you can be unforgiving and even hold grudges. You tend to hold your feelings inside. You are prepared to fight for what you believe in.

You can deal with a lot of stress, but tend to keep it all hidden. Jealousy can also be a big problem. You won't always even sense when you're doing your self-protective Scorpio things.

If you are (or your mother is) emotionally insecure, then you compensate and swing into the sign of Taurus and can become stubborn and maybe even reckless or stingy with money and revel too much in the goods of life f.ex. by overeating.

| Positive expression | Negative expression |
|--|--|
| Emotions: Deeply felt emotions, emotional strength | Emotions: Explosive emotions, dominated by strong |
| and charisma, emotional selfcontrol | emotions, willing to abuse emotional power to gain |
| Behavior: Single-mindedness of purpose, ability to | own ends |
| concentrate and bring to bear tremendous energy, | Behavior: Ruthlessness of behavior, overbearing |

ability to tap into hidden resources, carefully considered motivations, comfortable with power and sexuality

<u>Fam./Mother</u>: Strong emotional ties to family, family a source of strength and resources, matriarchal family structure

<u>Past/Collective</u>: Strong intuitive connection to collective consciousness and cultural experience, can imbue cultural symbols with emotional significance

presence, compulsive/obsessive behavior, fascination with the occult/death, obsessed with power and sexuality

<u>Fam./Mother</u>: Mother exhibits compulsive/obsessive behavior, dominant, over-controlling parents and parenting style

<u>Past/Collective</u>: Obsession with the dark side of consciousness and cultural experience, glorification of power and might, open to control by occult forces

Moon in Sagittarius

About being understood. Need to express yourself through travel, freedom to move, teach. Lives in a world of expectation, so disappointment may be an issue. You have a free and easy outlook on life, with a freedom-loving emotional nature. Being emotionally tied down is not your style. You are open and honest in your emotions. Your philosophies and ethics in life are instilled in early childhood and remain with you through life. You have a deep interest in higher learning and a strong curiosity about things, which may lead to long distance travel or tertiary education.

You were misunderstood by your mother because she could not understand your emotional needs, and thus could not meet them. This lack of understanding may have brought lots of disappointments because you had an innate expectation that your needs would be met (this is how we are created from the baby stage). Your mother has had the need or dream of traveling, exploring and experiencing the world. If she did this, then when she came back, she would still be "busy", while wondering and being in her state of quiet integration of the experienced though most often optimistic. At worst, she could have been out exploring and traveling all the time and not being home very much.

If you (or your mother, as this aspect also describes) feel emotionally insecure, then you compensate and swing over into Gemini, which creates confusion, where you know what you want to do and the next minute you don't know. You become pessimistic, indecisive, and feel you have no freedom.

Positive expression

<u>Emotions</u>: Enthusiastic, demonstrative, high-spirited, optimistic

<u>Behavior</u>: Exploring, investigative, driven to understand, acting from a perception of the Big Picture, comfortable in student/teachers roles and outdoors

<u>Fam./Mother</u>: Parental and parenting influence encourages active involvement in life, sports, parents take on role as teacher, travel may play role in family life

<u>Past/Collective</u>: Drive to understand past and heritage, put present in larger cultural context, cultural norms and institutions are readily accepted

Negative expression

<u>Emotions</u>: Manic, unstable emotionally, Pollyannaish, emotionally opinionated

<u>Behavior</u>: Wanderlust, can never sit still, never satisfied, skeptical, nagged by feeling that some piece of the puzzle is missing, given to grand gestures

Fam./Mother: Parents push children to compete to live out own robust fantasies, parents have judgmental attitudes, force ideas on children, overactive family life may leave no time for nurturing Past/Collective: Ethno/cultural-centrism,

conventional attitudes in support of establishment cause oppressive reactions to challenges to status quo

Moon in Capricorn

While you are someone who feels things deeply, you experience some difficulty expressing your innermost feelings. Rather than freely showing your emotions, you tend to keep them under control, which can be good in some situations, it entails however icy-cold, overbearing, underlying emotional depression. You are a serious person, who know and accept your responsibilities, especially towards your family. Other people are inclined to look to you for support, as you have an inner strength and maintain a cool head under pressure. You are ambitious for success and professional advancement. Work with structure. Dump excess emotion that impacts

health, such as suppressed/depressed emotion.

Moon also describes your Mother! - which is here seen as depressed, cut-off emotionally, controlling, duty-bound, feels over-burdened and guilt. In times of emotions coming out of control she strikes hard on any mistake and punishes. Emotions have to be kept down. Structure and discipline is either too much or not there at all. Moody, dominant, yet in a sensitive way. She punishes herself.

If you (your mother) feel unsafe, you swing over into Cancer and now show yourself as caring, but it is from a place of control that makes others feel uncomfortable with themselves emotionally by your wailing and complaining.

Positive expression Negative expression Emotions: Controlled and stable emotions, emotions Emotions: Cold emotionally, out-of-touch with are felt but do not govern, emotionally reserved emotional side, unable to express emotions except as Behavior: Reserved, cautious, conservative, practical, outbursts, emotions perceived as negative and invalid results-oriented, comfortable with structure and Behavior: Withdrawn, rigid, unwilling to take risks, driven by ambition, unimaginative rules Fam./Mother: Family upbringing instills good Fam./Mother: Lack of emotional attachment to discipline and sense of order, ambitions are family, demanding parents (mother) especially encouraged by parents, emotionally stable home regarding achievement, overly rigid parental environment discipline, mother may take on masculine role. Past/Collective: You will try to place cultural Past/Collective: You may have rigid conceptions of inheritance into organized framework, relates well societal norms, prejudices, culturally supremacist, inability to intuitively tap into collective energies with societal elements associated with building and statecraft, past scene as having purpose, historical

Moon in Aquarius - key phrase: nontraditional nature

sense

You intuitively understand other people and empathize with their needs. As a true humanitarian, you are inclined to put others' emotional needs before your own. You have an understanding, but somewhat like detached nature, which can be seen as cool and aloof. While you enjoy emotional contact, your natural tendency is to maintain independence. This can cause some problems in intimate relationships. You can detach emotionally, attaching at other times. Smothering or not there at all. Mental problems. You have the ability to deal with emotions from a detached position, where it doesn't overwhelm. Put into perspective when need to feel or need to detach in the right moments. Your domestic arrangements are likely to be unique.

The moon in Aquarius can make you a genius, which after all is fantastic and positive. The negative may be that you have a lot of doubts. Please put your doubts to rest. If you are a woman, you may hate men and even be hated by men at times in your life!

The Moon also describes your mother, who can become totally absent and distant.

If you (your mother) are emotionally insecure, then you compensate and swing into the lion and smoke out of it/completely from it, dramatic (turns into drama queen), stubborn, the center of attention, party loser, me, me.

| Positive expression | Negative expression |
|---|---|
| Emotions: Subtler emotions predominate, emotions | Emotions: Emotionally aloof, aggressively rejects |
| have a mental character, emotional attachment to | emotional involvement, extreme individualism may |
| Humanitarianism | produce touchiness or snappishness |
| Behavior: Willingness to experiment and champion | Behavior: Erratic or bizarre behaviour, eccentric |
| new approaches, decisions guided by higher mind | habits, rebellious attitude. |
| motivations, open-minded approach | Fam./Mother: Lack of conventional stability in home |
| Fam./Mother: Open-minded and individualistic | life, aloof and distant attitude toward family, |
| approach to family life, experimentation encouraged | rebelliousness against upbringing (particularly |
| by parents, unusually individualistic parents | conflict with mother). |

<u>Past/Collective</u>: Distils higher qualities from the collective experience, loyalty to the advancement and well-being of the collective

<u>Past/Collective</u>: Rebellion against traditional values and approaches, rejection of collective experience

Moon in Pisces

Doesn't operate rationally. When conscious of how Moon behaves you know how to work with it. You are a deeply feeling person, with an acute sensitivity and susceptibility to external influences. Highly instinctive, you easily pick up on the mood of an environment and others. However, guard against being too soft with others, as there can be a risk of emotional exploitation. You are inclined to feel pushed and pulled by conflicting moods within yourself and from other people. You have a gift for creative or healing work. Home life can be disorderly or disorganized.

If you (or your mother) feels insecure, your Moon reverse to the characters of Virgo and you start overanalyzing into the smallest details, crazy washing, cleaning and purifying, overly fuzzy and picky, and nothing is good enough.

Positive expression Negative expression Emotions: Sense of inner peace, emotional capacity Emotions: Emotional turmoil, emotional instability, for compassion and caring, sensitivity to others unreasoning fears, emotional neediness, overemotional needs and pain, intuitive connection, sensitivity and vulnerability instinctively knows how others are feeling and how to Behavior: Unpredictable, avoiding responsibility, react swayed by emotions, prone to addiction, deceptive (to self and others), tendency to "go overboard" in your Behavior: Calmness, laid-back attitude, motivated by feelings, visionary, concern for others concern for others to the point of jeopardizing Fam./Mother: Caring and nurturing family health environment, perhaps religious influence, flowing Fam./Mother: Family dynamics marked by emotional family dynamics, parental influences encourage chaos, parent (mother) may be addicted or emotional attunement compulsive liar, parental influence creates emotional Past/Collective: Universal acceptance of all cultures, dependency or over-emphasis on emotions attunement to collective experience and knowledge Past/Collective: Indiscriminate acceptance of of humanity, affinity with religious or spiritual conditioning, openness to the occult, ability to heritage fabricate the past for one's own purposes, overromanticization of the past or causes