

Plant Medicine Workshop

Exploring the medicinal herbs of Kongsoe

Herbal Forage

Join us for a forage around Kongsoe's beautiful gardens and forest, learning about the medicinal herbs and their properties, under the expert guidance of Medical Herbalist Helen Shardlow

13th July 2017

&

15th July 2017

Plant Spirit Medicine

Through meditation and creative exercises, deepen your intuitive connection with plants and your ability to tune into their healing properties

Create your own herbal remedies

Learn how to make a variety of herbal remedies, and explore their traditional medicinal uses.

MORE DETAILS

WHEN Thursday 13th July 2017 10:00 am to 4pm
Saturday 15th July 2017. 10am to 4pm

COST 500.00 DKK

Inc. refreshments. The remedies you make will be yours to take home. Please bring a packed lunch.

BOOK teachings@omahara.com



Omahara
Heaven on Earth