

Mantras

GAYATRI (chanted 3 times at least) Hindu

<p><i>Om Bhur Buva Swaha Tat Savitur Varenyam Bhargo Devasya Dheemahi Dhiyo Yo Nah Prachodayat Om...Shanti...Shanti...Shantihi</i></p>	<p>We meditate on the glory of that Being who has created this Universe... who is to be worshipped...who is the remover of all sins and ignorance. May he enlighten our intellect. Peace...peace...perfect peace.</p>
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Raise frequency instantaneously (chanted 3 times at least)

<p><i>Qadosh Qadosh Qadosh Adonai T'zabayoth (Sabayot)</i></p>	<p>Holy, Holy, Holy is the Lord God of Hosts</p>
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The Mantra of Salutation from the Brotherhoods of Light.

This Mantra has been given to man as both a greeting and a protection from the influences of negative consciousness.

This Mantra provides a profound clearing of all lower energies on all levels and areas. A lift of frequency, light, love and re-energizing instantaneously. Very proficient in clearing of entities, ghosts etc. as well.

Purify before meditation

<p><i>Om Ah Hum</i></p>	<p>Purify negative and amplify positive energy.</p>
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- HUM purifies all negative energies.
- AH further transforms these energies into the nectar of positive energy.
- OM increases the abundance of this transformed energy into infinite quantities.

OM AH HUM illustrates the relationship between chakras, elements and seed syllables corresponding to body, speech and mind.


Visualize OM AH HUM: OM in the crown, AH in the throat, and HUM is in the heart.

OM is the principle of the all-embracing body realized in the **Crown Center** - pure "**body**"


AH is the principle of all embracing i.e. mantric speech or creative sound realized in the **Throat Center** - pure "**speech**"

HUM is the principle of all embracing love of the Enlightened Mind of all Buddha's realized in the **Heart Center** - pure "**mind**"


Purification - VAJRASATTVA - Tibetan

	<p><i>Om Vajra Sattva Hum</i></p>	<p>Serves to cleanse the system of all physical and spiritual disorders and eliminate the negative forces. When you open up your heart to permit the negative emotions to be purged you create the basis for achieving peace and happiness. Purification of body, speech (mind) and Soul. Purifies all negative energies and karma.</p>
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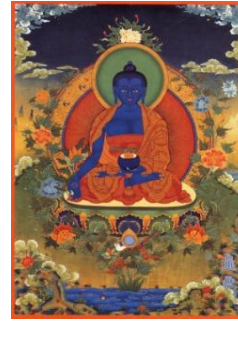
Heart Opening - AVALOKITESHVARA (The Chenresi) - Tibetan

	<p><i>Om Mani Padme Hum</i></p>	<p>Translation: "The Jewel in the Center of the Lotus". Purpose: To develop compassion. Powerful way of discovering one's own sources of love and compassion. This Mantra provides loving kindness and compassion to yourself and others, as well as wisdom, strength, protection and happiness. Peace within and without is immediately released. It is recommended that it is chanted frequently and it is also recommended as a loving style of support for the dying on their last</p>
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Removal of all negative obstacles - TARA - Tibetan


	<p><i>Om Tare Tut-tare Ture Soha</i></p>	<p>Translation: "Oh Liberator, liberate us from the suffering". Purpose: To prolong life: for protection, healing and developing compassion. Tara is one of the most powerful Goddesses in the Tibetan Buddhist faith. She is a source of help and protection both in the temporal world and on the spiritual path. Her name is invoked for protection at all levels, be it in everyday life, against negative external forces, or along the path of spiritual development. Mantra helps ensure that all negative obstacles are removed.</p>
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Healing - MEDICINE BUDDHA - Tibetan


	<p><i>Tayata Om Bekandze Bekandze Maha Bekandze Radza (Raza) Samungate Soha</i></p>	<p>Translation: "Oh Healer, the Great Healer, King of the Healers who has perfectly gone beyond (please bless me!). Purpose: Healing and transmuting negative energies. "If one meditates on the Medicine Buddha, one will eventually attain enlightenment, but in the meantime one will experience an increase healing powers both for oneself and others, and a decrease in physical and mental illness and suffering." - Lama Tashi Namgyal. "Bekandze" means eliminating pain; "Maha Bekandze" means great eliminating of pain.</p>
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It is recommended that you chant this daily. It does improve the patient's condition, and should be recited prior to taking medicine so as to enhance its efficiency. It has the ability to remove possible adverse reactions of the medicine so only the natural effect as wished for is received. It is also recommended in support of someone who is dying, as it permits them to cross over into the next sphere of existence in a state of spiritual peace.


Longevity - THE THREE BUDDHAS OF LONGEVITY (The Amitayu) - Tibetan

	<p><i>Om Amarani Dzi Wanti Ye So Ha</i></p>	<p>Translation: "The One with Boundless Life". Purpose: To extend life to have enough time to develop compassion and wisdom. A long, healthy and worthwhile life is essential for all human Beings in their quest for maximum merit in life as an active strategy for a positive influence of their karma in this life and the next. By chanting the incantation often, you can live longer, achieve true happiness, become wiser and avoid sudden death.</p>
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Self-empowerment - PADMASAMBHAVA - Tibetan

	<p><i>Om Ah Hum Benza Guru Padma Siddhi Hum</i></p>	<p>Translates: "Blessings of the Diamond Master born from lotus." Purpose: To develop tantric abilities. Serves to protect from negative forces of a spiritual or physical nature. It also allows us to achieve the qualities and virtues needed to support you on the path of spiritual development. The reciting evokes the Great Master Padmasambhava. It is true self-empowerment!</p>
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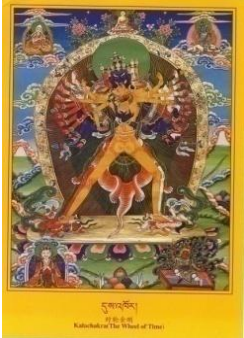
Development of wisdom and intelligence - MANJUSHRI - Tibetan

	<p><i>Om Ara Patsa Na Di</i></p>	<p>Translation: "Wisdom ripens (or evolve) all sentient Beings" or to be perceived as "May enlightenment come to all sentient Beings." Purpose: To develop wisdom. Outstanding qualities are ascribed to the intensive Mantra for the development of wisdom and intelligence. Recitation allows you to discriminate accurately between the independent way things mistakenly appear to exist and the interdependent way they actually do exist. It is recited so you will be able to see the true nature of phenomena. The Tibetans teach this Mantra wisdom to their children in order to promote their spiritual development and intelligence.</p>
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Empower all teachings of Buddha - SHAKYAMUNI - Tibetan

	<p><i>Tayatha Om Muni Muni Mahamuni Shakyamuni Ye So Ha</i></p>	<p>Represents and empowers the excellence of the primordial Buddhist teachings.</p>
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Kalachakra - WHEEL OF TIME - Tibetan

	<p><i>Om Hakra Malawarava So Ha</i></p>	<p>Practicing this Dharma (Way of Buddhism or One's life purpose) can help avoid wars, disasters and promote peace, favorable weather and good harvest clearing the way to the Pure Land of Buddha (Paradise on Earth). Helps the inner alignment with time as well as the ability to stop or stretch time by own will.</p>
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Protection - MAHAKALI - Tibetan

	<p><i>Om Ali Kali Mahakali Hum</i></p>	<p>She is the great protector of all evil, incl. devils and nightmares. This ultra-powerful Goddess is feared by those who don't understand the natural cycles of birth, death, and rebirth. Kali cleanses away the old, making room for the new. Kali is the ultimate get-things-done Goddess, and she's a powerful ally to those who call upon her.</p> <p>Like a wise stage mother, she'll push you beyond your comfort zone to reach the heights of your potential.</p> <p>It is recommended to place her image over the bed or your place for meditation. It is also highly recommended that it be used as an amulet for children or those having trouble with fear and attracting the evil.</p>
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Power - VAJRAPANI - Tibetan


	<p><i>Om Vajra Pani Hum</i></p>	<p>Translation: "The One holding the Diamond Scepter in his hand". Purpose: To develop skillful means and power. This Mantra will allow the recite to begin to attain the skills and ability of Vajrapani to assist in using Wisdom (Manjushri) and compassion (Avalokiteshvara) to bring enlightenment to all sentient beings. The Bodhisattva practitioner must cultivate the power and skillful means of Vajrapani in order to best be of service by reciting Avalokiteshvara and Manjushri too.</p>
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Illumination - LOTUS SUTRA - Hindu

<i>Nam Myoho Renge Kyo</i>	<p><u>Nam</u>: Act of the law of life from within to without</p> <p><u>Myoho</u>: Power of revitalization, the emergence of the highest state of life (Buddha state) from within.</p> <p><u>Renge</u>: Cause and effect of the emergence in terms of benefit, happiness and fulfillment.</p> <p><u>Kyo</u>: Sutra (teaching), the thread of life connecting everything through sound and vibration.</p>
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The Key to a world of illumination and perfect reality of everlasting life. Illuminate your mind so you experience its profundity.

Enlightenment - HEART SUTRA / PRAJNAPARAMITA SUTRA - Hindu

	<p><i>Gata Gata Paragate Parasamgate Bodhi Svaha</i></p>	<p>Translated: "Gone, gone. Gone beyond. Gone beyond the beyond. Hail to the awakened One." Purpose: To understand emptiness and receive wisdom. The Cosmic Void of zero mind. The Buddhas achieve realization of it and employ it as the marvelous function of spiritual superknowledges. Prajnaparamita Sutra contains mathematical encodings inviting you into the great, cosmic void, not as a guest, but as a rightful occupant.</p>
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Five Element Balancing

<p><i>Lam ho shuddhe shuddhe</i> (earth)</p> <p><i>Bam ho shuddhe shuddhe</i> (water)</p> <p><i>Ram ho shuddhe shuddhe</i> (fire)</p> <p><i>Yam ho shuddhe shuddhe</i> (air/wind)</p> <p><i>E ho shuddhe shuddhe</i> (space/ether)</p>	<p><i>Om ah hum lamho shutdi shutdi a a ah svaha</i> (illuminate pride)</p> <p><i>Om ah hum bamho shutdi shutdi a a ah svaha</i> (illuminate ignorance)</p> <p><i>Om ah hum ramho shutdi shutdi a a ah svaha</i> (illuminate jealousy)</p> <p><i>Om ah hum yamho shutdi shutdi a a ah svaha</i> (illuminate hate/anger)</p> <p><i>Om ah hum aeho shutdi shutdi a a ah svaha</i> (illuminate greed)</p>
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