



Omahara  
School of Enlightenment



## Heart's Adventure in Egypt Itinerary

Price per pers. \$2156

16<sup>th</sup> of April - 3<sup>rd</sup> of Maj 2012

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*This exquisite journey will open your heart and mind to the authentic meeting with the powerful Sacret Temples of Egypt and the magnificent purity, silence, beauty and starry sky of the desert as well as meeting the woman behind the veil and exchange of love with orphaned children. It is a beautiful mosaic of light, love, knowledge, art, purity, meditation, tranquility, beauty, spirituality, creativity and laughter. You will consciously activate your higher authentic self, lift yourself above the ordinary and free yourself on numerous of levels.*



Day 1: (lunch-dinner) - Arrival in Cairo. We meet with our guide and representative assisting us from the airport to our hotel. A little depending on time of everyone's arrival, it is intended we start the tour by visiting Saqqara & Darshur Pyramids. Saqqara was the place of Galactic meetings in this sector of the Universe in another timeline. Darshur activates the 3. eye. Lunch during the day tour and dinner (open buffet) at the hotel (4\*) for overnight.



Day 2: (breakfast-lunch-dinner) - After breakfast we visit Gamal, the great Egyptian master in oils, healing and clairvoyance. An experience that is unforgettable as the love and wisdom of Gamal will follow you for the rest of your life. Afterwards we will visit his orphanage where we exchange our love, nurture, joy and inspiration with the children. Back to the hotel for overnight.



Day 3: (breakfast-lunch-dinner) - After breakfast we go to the Pyramid Complex and visit the Keops Pyramid and King's Chamber. Enjoy a funny camel ride whereafter we connect our hearts with the heart of the Sphinx. In the afternoon we go by sleeping train from Giza Station to Luxor. Overnight in the train. That is a popular form of traveling that the Egyptians use a lot themselves.



Day 4: (breakfast-lunch-dinner) - Arrival at Luxor station, where we get picked up and brought to our hotel (4\*) for a shower and a rest. Then we start the day with visiting the East Bank with Karnak & Luxor Temples. That's the meeting with the masculine and the feminine and a powerful spiritual experience. Late afternoon we enjoy the romantic sailing in the Felucca boat on the Nile. Back to hotel for overnight.



Day 5: (breakfast-lunch-dinner) - After an early morning breakfast we ascend in the hot air balloon at sunrise over the West Bank with the ultimate silent view of Luxor, The Nile, The Temples etc. from above. Back to Luxor where we start visiting the West Bank now from ground level with the Valley of the Kings, Valley of the Queens, Statues of Memnon og The Temple of Queen Hatshepsut. Back to hotel for overnight.



Day 6: (breakfast-lunch-dinner) - After breakfast we drive to Dendarah Temple Complex (approx. 70 km. North of Luxor). This Temple of Hathor is mentioned for its essential power in the scripts of Hermes Trismegistus (Thoth) and created the frame around the first and very famous zodiac and thus the access to the mysterious wisdom of heaven. Back to the hotel for overnight.



Day 7: (breakfast-lunch-dinner) - After breakfast we visit "The Small Pyramid" project, which is a humanitarian help organization for children and their mothers having special needs helping them develop within their lives through teachings. We will visit a family being helped in private. Back to hotel for relaxation or a walk along the lightshow of the Nile this last evening in Luxor. Overnight at the hotel.



Day 8: (breakfast-lunch) - After breakfast we check-out hotel at 12 noon the latest whereafter we start a long drive in private mini van with air-condition to Dakhla Oasis in the Sahara Desert with stops for photo-shooting on the way. Arrival at The El Forsan Hotel for the night.



Day 9: (breakfast-lunch-dinner) - After breakfast we visit El Qasr City (the very old part) and we are once again brought back in time. The Lunch we enjoy on the local corner. Then we start the desert safari 4x4 and enjoy dinner in the "The Small Grand Sea" known for its fatamogana phenomena and sleep under that part of the deserts starry sky.



Day 10: (breakfast-lunch-dinner) - After breakfast buffet open air we drive to the hot spring in Farafra Oasis for a swim. Lunch and art workshop at Badr Museum by the local artist, who inspire from a very deep and sensitive heart. Overnight at the Badawiya Hotel, where Helleh and Mohammed is cooking our dinner in the hotels kitchen.



Day 11: (breakfast-lunch-dinner) - After breakfast we embark upon the journey in jeeps exploring the White Desert. Then we go to the untouched and magical part of the desert for a walk in the "nothingness", which contain it all. Dinner and overnight in the desert beside breathtaking formations under the starry sky.



Day 12: (breakfast-lunch-dinner) - After breakfast we wrap up the camp and continue through the magnificent beauty of the desert, visit the Crystal Mountain and cave and then the Black Desert. We are now going towards Bahariya Oasis where we visit Mahmoud's museum (the local artist) and enjoy the lunch together with his family. Then we visit the Golden Mummies and enjoy the dinner and overnight at the Nature Camp Lodge in close contact to nature.



Day 13: (breakfast-dinner) - In Nature Camp Lodge you wake up to the sounds of life in the Oasis from past times with camels, dunkies, chicken, prayer etc. After breakfast we hike around or to the top of the powerful Pyramid Mountain depending on individual strength. This is a highly special and memorable experience. Back to the lodge for shower and then we put our volunteering work into some gardening for the humanitarian project of "Happy Children". Food and refreshments for our needs downtown Baharyia Oasis where we merge with the atmosphere of the life of the Oasis. Dinner and overnight in Nature Camp Lodge.



Day 14+15: (breakfast-lunch-dinner) - Relaxation/integration or more volunteering work for the ones willing to do so!

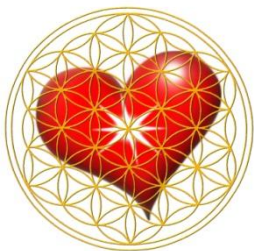
Day 16: (breakfast-dinner) - After breakfast we drive back to Cairo (approx. 350 km) in air-condition mini bus. Lunch stop on the way. In the afternoon we visit Gamal again for an evaluation as well as picking up e.i. essential oils. Most likely there are a wish for more questions being answered. Dinner and overnight at the Cataract Hotel.

Day 17: Departure from Cairo Int. Airport.

*Omahara's Spiritual Desert Journeys are created by the guidance of higher master vibrations and simply brought to a new and higher perspective of travel experience by combining authenticity, spirituality, humanitarian purposes and wisdom.*

*We prioritize quality differently to nurture your body, mind and spirit in a new way:*

- *Places of residence are not by stars, but by soul – software for your hardware – clean, quiet and vibrant!*
- *All food/beverages provided from us are safe to indulge in – and so we have strived for the taste of it too!*
- *We choose to move with flexibility, peace, love and humor for the highest good of all!*
- *Experience the authentic Egypt – here you get firsthand touch with nature, originality, people, art, traditions etc.*



If you wish to live *authentically, enlightened* and *your best life ever* - welcome to this journey.

If you wish to *live happily ever after* by bringing this from the fairytale into your living reality - welcome to this journey.

Omahara will empower you with the gift of knowledge in attaining this - also on those journeys.

**Price US\$2156 incl. the following:**

- All transfer on arrival/departure at Cairo International Airport
- All 4-star hotel accommodation in Cairo, Luxor as well as hotels in Dakhla and Farafra.
- Accommodation at Nature Camp Lodge in Baharyia
- Art workshop with Badr in Farafra
- All transportations by air-condition mini bus and jeeps 4x4
- Desert camp equipment (mattresses, windcover, blankets etc.)
- One big bottle of mineral water each day on hotels - unlimited number of bottles of mineral water during the tour in desert
- All entrance fees and guidance in Temples
- Hot balloon ride (you are not forced to do this!) and camel ride
- All meals as mentioned in the above itinerary

### Crew:

- English speaking and officially certified woman tour guide leader in Cairo and Luxor.
- Mohammed (Helleh's husband) - tour leader + desert safari tour guide.
- Badr and Mahmoud - sources of entertainment, art and inspiration.
- Helleh - Danish translator and spiritual tour guide leader with lots of joy

### Price excl.:

- Anything not mentioned in the itinerary
- Flight ticket to and from Cairo
- Medical and/or travel insurance
- Visa application for foreign passport holders - **US\$15** to be paid in airport on arrival.
- Tipping of **US\$170** per person covering the entire trip. For your own sake this must be calculated with. We suggest you give this to Helleh in an envelope on your arrival and we will take care of this during the trip so you can relax. It's hard to know how much is expected in different situations which make it much more expensive as you are unsure this can easily be exploited.
- Items of a personal nature such as, but not limited to, telephone calls, laundry and postage.
- Further mineral waters and other drinks while on the hotels.
- Optional excursions and items not specified in the attached itinerary.

### Further details:

- If you wish, you can bring some \$. Often this can be used as payment or banks in Egypt is giving a good exchange rate into Egyptian Pounds. There is no benefit of getting those from home. There is access to VISA machines. Usually they only accept VISA and not MasterCard. Be aware of a smaller fee at each withdrawal.
- You will receive ALL other practical details listed from Helleh before departure.